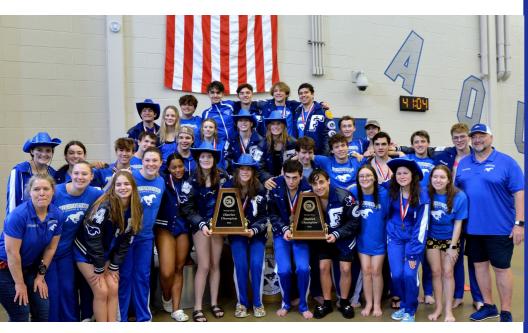
February 2023 _____ FHS ATHLETIC UPDATE



STATE CHAMPIONS



District Swim Champions!

Our FHS Cheer team captured the state title in Spirit on January 13! The girls had the top score among every team in the state capping off an awesome weekend. Congratulations to Coach Yee and these outstanding young ladies on this amazing accomplishment!

The Friendswood High School Swim Team dominated the District 18-5A Swim Meet. FHS has thirty swimmers and one diver advancing to the 5A - Region 5 Swim Meet on February 3-4 at Don Cook Natatorium in Sugarland.

Tony Laurito and KK LeBlanc were awarded the boys and girls "Swimmer of the Meet" respectively. The Girls Team "Coach of the Year" award went to FHS Head Coach Craig Sikkema. FHS Swimmer Tony Laurito broke two FHS Pool Record in the 100 Backstroke - 49.26 seconds and 200 IM - 1:50.25

GIRLS BASKETBALL



The girls basketball team is now 7-3 in district play trailing Laporte by one game for second place. The girls have a very good chance of moving up in the standings with two games to play. They will travel play Santa Friday (2/3) night in their final home appearance for the year. Best of luck to our girls and their push to the playoffs!

BOYS BASKETBALL

Boys Basketball is now 4-4 in district play and will go on the road Friday (2/3) night against the Indians of Santa Fe. The boys fought off the Wildcats of Angleton this past Friday and with four district games remaining are in the thick of the playoff race. Only two home games remain for the boys on 2/7 and 2/14, so mark your calendar and come out and cheer the boys on!



WEIGHTLIFTING

Ending it's first full year, our Weightlifting team had some tremendous success at the state level meet in Houston! The boys received 2nd place in the under 17 division, and also 2nd in the under 20 division and the girls received 3rd place in the under 17 division. Congratulations to Coach Taylor and his awesome group of athletes!





Boys Golf

The boys most recently played at Bay Oaks and Gus Wortham. The boys continue to do well Bryce Brazzel - 67/79 Mikey Butler - 84/84 Alex Chang - 84/83 Sam Wignall - 89/84 Brady Rhodes - 94/79

Bryce Brazzel's 67 broke the school scoring record. He also finished 3rd in the tournament where there were 82 players in the field.





Girls Golf

The girls went down to Moody Gardens last week and played in an outstanding field of talent. The girls finished 4th only three shots out of third and 6 shots behind 2nd. This was, historically, the girls best finished in the Debbie Fuchs Invitational.

Signing Day

On February 1st, 7 of our outstanding senior athletes signed their letter of intent to play collegiate athletics. Congratulations to Kaitlyn Gotsch-Grand Canyon Univeristy, Rylee Lansing - Nichols State University, Clerra Pesak -Blinn College, Lauren Littleton - Liberty University, Alaina Shaefer - Lamar University, Janelle Wilson -University of North Carolina, and Julia Hopkins - Alvin Community College.



SPRING TENNIS

Coach Cook and the our Tennis team has started their spring competition season! The team played in the always tough Fort Bend Tournament with Tyler Nelson winning A singles. Coach Cook will have this team competing and they are sure to make waves in the playoffs later this spring.

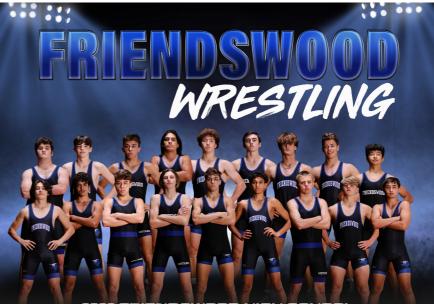
BOYS LACROSSE

The Boys Varsity Lacrosse won their first game of the season 11-8 over Bellaire at home on Sunday, January 29th. The JV team will play its first game this Saturday, February 4th against Cypress United JV at 2:00 PM at Henry Winston Stadium. The Varsity team will play the Cypress United Varsity team at 4:00 PM at Henry Winston Stadium



WRESTLING

The Mustang Wrestling program is ready for their district meet. Often wrestling a tough schedule, both the boys and girls teams are ready to make a big splash in the state playoffs. This Saturday (2/4), both teams will compete in the district meet at Delmar Stadium starting at 9 AM. Best of luck to Coach Owens and all our athletes!



2022 FRIENDSWOOD HIGH SCHOO

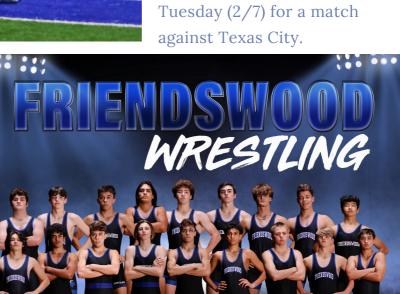
GIRLS LACROSSE

Girls lacrosse has competed in two tournaments to date and have done extremely well. This past weekend, they went to Aggieland, at A & M, in College Station, to defend our Champion title from last year. Unfortunately, the weather had other plans. The girls played 2 games on Saturday and CRUSHED our opponents by double digits. This year's captains are Naomi Vogtman, Ella Murray, and Bizzie Sterken. Our season league opener will be at HOME, Wednesday, February 15th @ 6:30



GIRLS SOCCER

After playing a very tough tournament schedule, the girls are off to a fast start in district play. The team opened up district with a resounding win over Galveston Ball 9-0 and then went on the road and beat Angleton. The girls will play Santa Fe next at home on Saturday (2/4) at 12 PM.



BOYS SOCCER

The boys soccer team has

and both ended in a draw.

both games were fierce

played two district game so far

Both Angleton and Galveston Ball were tough opponents as

competition. The boys will be

on the road this Saturday (2/4)

and will return home next



2022 FRIENDSWOOD HIGH SCHOOL

BOYS AND GIRLS TRACK

The boys and girls track teams will open up the season competing in the Wolverine Relays at Clear Brook High School. This year the boys will defend their district title and the girls are ready to break through and reclaim their own district title. Best of luck to our all of our track athletes this season!!

THANKS KOOP!

On behalf of the coaches, athletes and FHS athletics, we want to say how grateful we are for Robert "Coach Koop" Koopmann. His tenure as our Athletic Director has been significant. From day one, Koop always wanted to be a coach and nothing else. He served our district for 27 years and the last 11 as our Athletic Director. We are thankful to Koop for his leadership, growing the number of sports on campus, and making changes that others around the Houston area would soon follow. Thank you for the thousand little things we didn't see as well, things that perhaps had the most impact. We will miss him pacing the sideline, his story-telling, and his impact on Friendswood Athletics. Thank you Koop, you will be missed.



